

The background of the entire page is a solid dark red color. Overlaid on this are several large, abstract, organic shapes in a lighter shade of red. These shapes are irregular and flowing, resembling liquid or soft tissue, and are scattered across the page, creating a sense of movement and depth. The shapes vary in size and orientation, some pointing towards the top right, others towards the bottom left.

spa lucca

relax &
replenish

SPA LUCCA MENU

The *Art* of Slowing Down

Nestled within the *waterfront surrounds* of Anchorage Port Stephens, Spa Lucca is a sanctuary where water, nature, and touch come together in *quiet harmony*. From your first *breath of salt air* to the final moments of your treatment, you'll leave feeling lighter, calmer, and renewed.

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VESSEL

Massage from traditional to bespoke

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SURRENDER

A slow, flowing massage designed to calm the mind and gently soften the body. Blending Swedish techniques with rhythmic Lomi Lomi strokes, this deeply restorative treatment eases away tension and relaxes your entire being. 90mins | \$245

RITUAL

Inspired by traditional Hawaiian healing principles, this fluid, rhythmic massage uses flowing forearm movements and gentle abdominal work to support emotional balance. A deeply grounding experience that eases tension and restores a profound sense of harmony. 90mins | \$285

RELEASE

A targeted, intentional massage utilising slow-pressure techniques to access deeper muscle layers. Designed to relieve persistent tension, restore freedom of movement, and leave the body feeling realigned. 90mins | \$275

DYNAMIC

A detoxifying treatment featuring gentle lymphatic massage, heat therapy, and focused abdominal work. Designed to clear stagnation and calm inflammation, it beautifully supports the body's natural purification pathways. 90mins | \$295

NURTURE

A deeply supportive massage for the female body or expectant mother, focused on soothing muscular aches, improving circulation, and assisting lymphatic drainage. A beautiful opportunity to reconnect, align your energy, and restore total wellbeing. 90mins | \$250

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FORM

*A complete body treatment designed to refresh, restore,
and improve overall skin tone and texture.*

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SCRUB

Restore balance to your body with an application of warm, soothing oils followed by an invigorating Himalayan salt and plant essence exfoliation. Designed to melt away stress and fatigue while gently stimulating circulation. 75mins | \$200

SCULPT

An invigorating full-body dry brush and targeted massage to stimulate circulation, followed by a warm marine and botanical mask to firm and tone. Finished with a contouring gel, leaving your skin feeling sculpted and radiant. 2hrs | \$320

CLAY

A deeply hydrating and restorative full-body clay mask designed to replenish dry or depleted skin. Emerge feeling profoundly nourished, with skin that is impeccably soft, smooth, and strengthened. 90mins | \$245

STEAM

This purifying journey begins with an invigorating salt exfoliation to boost circulation, followed by a full-body detoxifying mask. After a warm Vichy shower, a rich, luxurious moisturiser is massaged into the skin for ultimate hydration. 60mins | \$195

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IMMERSION

Connecting body and mind

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DISSOLVE

A slow, intentional ritual combining a deeply relaxing back massage, pressure-point facial therapy, a nourishing mask, and soothing foot care. Perfectly designed to release deep tension, calm the nervous system, and restore absolute ease. 90mins | \$315

CRYSTAL MASSAGE

Warmed tiger iron stones and native Australian botanicals create a deeply grounding experience. The comforting heat of the stones works in harmony with fragrant essential oils to melt away tension and support a profound state of relaxation. 90mins | \$280

CHAKRA BALANCING

A restorative journey designed to harmonise the body's energy centres. Following a sensory consultation, a personalised blend of essential oils is used during a full-body massage, complemented by crystal placement to support renewal and deep peace. 90mins | \$305

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UPGRADES *for extra indulgence*

SOUND HEALING

Elevate your treatment with harmonic frequencies from Tibetan and crystal singing bowls. This immersive sound therapy helps to calm the nervous system, quiet the mind, and restore a natural sense of inner equilibrium. 30mins | \$85

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FACE

Skin reawakening

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DISCOVERY

Designed to strengthen the skin's natural barrier, calm sensitivity, and unveil a luminous glow. Following a personalised consultation, this tailored treatment harnesses Sodashi's luxurious plant actives and aromatic blends to beautifully balance and revitalise your complexion.

60mins | \$185

RENEWAL

Uplift and illuminate your complexion with a brightening facial designed to deeply cleanse and rebalance congested or uneven skin. Infused with potent marine botanicals and omega-rich extracts, this clarifying treatment reveals a smoother, more radiant appearance.

75mins | \$225

NOURISH

A deeply hydrating, heat-based infusion that replenishes dry skin and beautifully balances combination complexions. Paired with a soothing neck, shoulder, scalp, and hand massage, this results-driven thermal mask delivers essential vitamins to restore skin vitality.

90mins | \$270

DEVOTION

A calming, restorative ritual to ease the mind and invite inner clarity. Through a slow, flowing facial massage, intuitive crystal placement, and grounding chakra oils, this treatment encourages deep relaxation, energetic alignment, and profound harmony.

90mins | \$285

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UPGRADES *for extra indulgence*

LED

A results-driven LED facial series that beautifully transforms the skin. Designed to stimulate collagen, calm inflammation, and refine your complexion, each session builds cumulative benefits for a luminous, youthful glow.

30mins | \$90

Package of 5x30mins | \$360

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SUBMERSION

*A mineral-rich bathing experience designed to quiet the mind and prepare the body.
Warmth, water, and botanical elements create a state of deep relaxation*

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RECOVERY	A restorative bath ritual featuring magnesium salts, Ayurvedic herbs, and pure essential oils. Warming ginger beautifully supports circulation, while magnesium gently eases muscle tension to promote pure relaxation.	30mins \$75
EQUINOX	Inspired by ancient Egyptian rituals, this botanical soak blends blue lotus, juniper berries, and lavender petals. Rich hues and exotic essential oils create a luxurious experience designed to inspire intuition and balance.	30mins \$75
LUNAR	A mineral-rich sanctuary of Himalayan salts, coconut milk powder, and essential oils. Infused with moonstone crystal powder, this beautiful bathing ritual is designed to calm the emotions and invoke divine feminine energy.	30mins \$75
PORTAL	A crystalline bath ritual blending Himalayan minerals, rose petals, and pure essential oils. Infused with an alchemy of rose quartz and celestite to encourage a profound state of awareness and deep appreciation.	30mins \$75

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VOYAGE

Carefully curated packages
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FLOW	A bespoke five-hour spa journey tailored entirely to your wellbeing. Enjoy personalised treatments crafted to restore balance and promote full-body renewal, complete with moments of deep relaxation, a seasonal spa lunch, and light refreshments. 5hrs \$715
RETREAT	Begin with a mineral-infused bathing ritual, allowing the body to soften into stillness. A beautiful application of Himalayan salts and pink Australian clay is followed by ritual moisturisation and a deeply nourishing hair and scalp treatment. 2.5hrs \$405
PEACE	A restorative journey featuring native Australian essential oils to ease physical tension. Enjoy a Himalayan salt scrub, a warm rain shower, the discovery facial, concluding with a bespoke bathing ritual for perfect solitude. 3hrs \$485
AWAKEN	An immersive sensory experience designed to transport you beyond the everyday. Combining purifying Green clay 'Ochre' scrub, ritual massage, signature shiatsu stretching ritual, Australian acacia bark smudging ceremony. This intuitive journey completely resets the body and mind, returning you to a deeply grounded state. 3hrs \$540
COCOONED	A beautifully nurturing full-body treatment thoughtfully designed for pregnancy. Gentle, tailored techniques help relieve tension through soothing body and facial massage, reduce swelling, and encourage deep relaxation and restorative rest. Finished with an indulgent foot scrub. 2hrs \$355
HARMONY	Harmonise body and mind with this deeply restorative journey. Featuring a deep reset massage, warm tigers iron neck massage, and a purifying green clay foot ritual, this experience promotes profound relaxation and full-body renewal. 2hrs \$395

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HYDRO SUITE

*A dedicated wellness area featuring a sauna, steam room, and spa,
designed to promote relaxation through heat and water experiences*
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RESET	Step into the Hydro Suite and leave the pace of the day behind. Enjoy an hour of quiet to unwind and recharge	60mins \$59
ADD-ON	Available to enjoy before or after your treatment, helping you ease into your experience or deepen your relaxation afterwards	60mins \$29
STEAM KIT UPGRADE	Enhance your steam room experience with a selection of items designed to elevate your ritual; including a textured glove, jojoba bead body polish, Himalayan salt scrub, and clay scrub	\$39

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ADD-ONS

Deepen your treatment and extend relaxation
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BUST	A sculpting lymphatic massage for the stomach and bust, designed to beautifully enhance contouring. This detoxifying treatment supports natural cleansing and encourages a sense of emotional release.	30mins \$100
FACE	Rejuvenating facial ritual featuring cleanse, exfoliation, mask, and tailored aftercare. Designed to renew the skin and restore radiance, this express treatment leaves the complexion fresh, balanced, and glowing.	30mins \$85
HEAD	A soothing massage focused on the scalp and head, designed to release built-up tension, quiet the mind, and encourage immediate relaxation	30mins \$80
FEET	A cleansing ritual incorporating focused pressure-point massage to restore balance, ease fatigue, and promote absolute energetic flow.	30mins \$80
HANDS	A restorative cleansing and pressure-point massage ritual for the hands, beautifully easing tension and restoring natural harmony.	30mins \$80
MASSAGE	Warmed Tiger Iron stones and a specialised native botanical oil deeply relax the muscles, while grounding crystal energy supports complete harmony between mind and body.	30mins \$95
SCRUB	An invigorating exfoliation using mineral-rich Himalayan salt crystals. Packed with essential minerals, it beautifully polishes, smooths, and refreshes the skin.	30mins \$85